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A2A, the Algonquin to Adirondacks Collaborative, announces the inaugural Kingston Link Trek, hiking or biking the trails joining the A2A Trail with Kingston and ending at Kingston's Lake Ontario Park on June 8.

In 2000, a moose named Alice made a most amazing journey. As an adolescent, she wandered into a suburb near Rochester, New York, where she was radio-collared and taken to Adirondack Park. Alice had a sense of adventure though, and was soon on the move again. Over the next two years she traveled north, swam the St Lawrence River, even crossed Highway 401, and completed a journey of 570 km (356 miles) to Ontario's Algonquin Park. Her journey demonstrates how animals need to move through healthy, connected habitat. It inspired the Algonquin to Adirondacks Collaborative to create the A2A Trail, A Pilgrimage for Nature, which physically and symbolically connects the two parks and the peoples living between them.

"The A2A trail highlights the beautiful and ecologically critical corridor that connects Algonquin and the Adirondacks. The trail creates a physical and symbolic link between the two parks, while encouraging the conservation ethic that goes hand in hand with exploring nature." – David Miller, Executive Director, A2A

With the help of a grant from the Community Foundation of Kingston and Area, A2A is establishing a link between the A2A Trail and Kingston. The Kingston link to the Trail takes you through the heart of the Frontenac Arch along the beautiful K&P and Catarauqui Trail networks. Take this link and you will see the core of the A2A region, learn about how we can protect this significant natural feature and experience a host of interesting destinations, including Frontenac Park and Chaffeys Locks

"The A2A Trail showcases how unique and precious this A2A region is, create an appreciation for its rich biology, culture and history and inspire people to stand up for nature. It will also stimulate appropriate economic opportunities in the communities along the way. By promoting a link from the main A2A trail route to Kingston along the Catarauqui and K&P trails, more people can experience this amazing region by travelling through the heart of the A2A region and beyond." – Emily Conger, A2A Director and Chair, A2A Trail Committee

On June 8, the A2A is organizing a hike/bike event to promote the Kingston Link. Choose to join a group biking or hiking various sections of the Kingston Link: a 20km hike, a 40 km cycle, or, for the fit and adventurous, a full length 78 km cycle. The trek ends at 3 p.m. with a celebration at Lake Ontario Park in Kingston. Drinks and snacks provided. Transportation can be organized with A2A.

Contact david@a2acollaborative.org for information and to sign up.

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If you would like more information about the A2A Trail, please contact David Miller at 1-613-220-7482, email at david@a2acollaborative.org or visit <http://www.a2acollaborative.org/a2a-trail.html>